

Blonds Can't Live in City

LIGHT-HAIRED PEOPLE ARE DESCENDED FROM ANCIENT VIKINGS AND NEED OUT-OF-DOOR AIR.

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THE blond type of man and woman comes from cold and semisunlighted climates. They are the children of the vikings of old, of the hardy Germans of the seacoast and marshes, descendants of those who lived and struggled in the open air and the winds of the northern seas.

These conditions made for a race of men and women physiologically and temperamentally unfitted to live in heated rooms, crowded spaces or to do work where brain and brawn are secondary to mere automatic tasks.

Yet thousands of this blond type have attempted to do these very things, and what has been the result? The death of the blond workers when forced to work alongside his fellowman of an entirely different racial origin; the man accustomed to heat, to obedience, to centuries of self-content so long as his simple food and pleasures of a mild kind were his award. Yet, in this type of brunette there exists brain and ambition equal to the opposite type, but in his blood flow habits due to a different climate and social conditions.

Look around you and see the type of man and woman working to-day in our crowded industrial centers. Brunettes, eight out of ten. And this is not because the Latin and other southern peoples have rushed over here in such quantities and through cheapness driven out the hardy blonds. It is because the atmospheric conditions of confinement and shop rules have killed off many of the blonds, brought physical deterioration to others, and caused those of initiative instincts to seek congenial fields for a living and ambition.

The cities contain and hold the brunette type, for the blond cannot stand confinement. This race needs the open air, the freedom of action handed down by ancestors, the northern air and stimulating winds. Put a man or woman of this race at stitching clothes, making cigars, or any confining work, and it is but a short time before he or she succumbs to the injurious tasks.

It is in the hospitals we see the different effects upon the blond and brunette girl or woman. The blond girl who is working in crowded shops or factories reaches, at an early age, a state of nervousness, of discontent, of a really dangerous condition as regards her morals.

Her whole inborn nature rebels, is dissatisfied; she unconsciously craves the freedom of her ancestors. She cannot live upon the food which satisfies her brunette sister worker, nor can she keep pink cheeks working or sleeping in rooms where the fresh and cool air seldom circulates. Her lungs are relatively larger, for centuries her ancestors needed the full capacity of pure air and freedom of action.

It is the same with her brothers. Look over any deep-water vessel and you will find the crew and officers to be big blond men. Take our own little army. It is mostly made up of blue-eyed and blond-haired men.

Nothing but the farms, the seas, the outdoor charge of gangs of workers, will save the blond type of men in this country. Factory or shop work will kill or physically ruin them. No race goes quicker to the limit of dissipation when once on the road than the blond type; no race is so hardy, temperate and moral when living under the conditions they were born for.

The seas, the farm, the army, the outdoor supervision of workers; executive positions where initiative and strong actions are necessary, are all shut out from the average woman or girl.

Yet the instincts to be free in air and acts, to have good food and plenty of it, are so fixed in the blond type that, fight as she will, the girl leaves the home, the shop, the factory life for a life that gives her these things.

There are so many of these racial traits and instincts to be taken into consideration when advising our young women who have to enter the world of strife, that not until they are well understood can we bring about a better social adjustment and avoid illness and distress.

If a girl is of the decided type of blonde and becomes nervous, dissatisfied with her work and finally ill; it is not necessary to see the doctor. Look into her kind of work. If it is of the closely confining kind; if she is working among hundreds of girls of a different racial type, take her away at once—don't wait until she runs away—the true viking instinct for freedom, and you will generally find that all the matter with her is her kind of work. Such a girl needs work amid congenial surroundings and among men and women of her own type of inheritance.

No girl of the distinct blond type should enter factory work or be where the majority are brunettes of a totally different ethnic type. She cannot be happy or well living under conditions antagonistic to those handed down to her for centuries.

The Juvenile Courts, the hospitals; yet the streets, will show a predominance of the blond type of little girls who have rebelled against a life in shops and factories—and they are not to be blamed.